

Kinesiology and Sports Studies B.S.

The B.S. in kinesiology and sports studies has two concentrations. Concentration 1: Physical Education Teacher Education - all-level certification is designed to prepare teachers for early childhood through grade twelve in physical education. Concentration 2: Human Performance is designed to prepare individuals for graduate school (e.g. kinesiology, physical therapy, occupational therapy). A graduate should possess the following competencies:

1. knowledge basic and relative to human body function and movement;
2. knowledge in program planning, essential knowledge and skills, teaching methods, and evaluation;
3. knowledge of concepts of fitness;
4. skill in a variety of physical activities; and
5. an acceptable level of physical fitness.

Concentration 1: Physical Education Teacher Education

Students pursuing the PETE major must fulfill program admission requirements before being allowed to enroll in teacher preparation courses within the department (HHPK 314, and HHPK 315). Admission into the program is based on cumulative and major grade point average. Throughout the program, students seeking PE certification will be evaluated on a regular basis by departmental faculty and must be approved to continue in the on a regular basis. Students must also meet the requirement of the Field-Based Teacher Certification Program.

Secondary and All-Level Education

See for information: **

All-Level Teacher Certification in Physical Education

Students MUST have and maintain a 2.75 overall and major GPA in order to take 300- and 400- level classes in the program.

Core Curriculum Courses

See the Core Curriculum Requirements (<http://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/>) 42

Required courses in the major

HHPK 1301	Foundations of Kinesiology	3
HHPK 1338	Concepts of Physical Activity	3
HHPK 1306	First Aid and Safety	3
HHPK 2356	Prevention & Care of Athletic Injuries *	3
HHPK 250	Physical Activity Skill I: Conditioning, Individual and Dual Sports	3
HHPK 251	GLB/Physical Activity Skills II: Team Sports.	3
HHPK 302	Adapted Physical Education	3
HHPK 304	Motor Development *	3
HHPK 314	Teaching Methods in Physical Education I *	3
HHPK 315	Teaching Methods in Physical Education II *	3
HHPK 335	Kinesiology *	4
HHPK 350	Motor Learning and Motor Control *	3
HHPK 417	Measurement and Evaluation *	3
HHPK 444	Administration of Kinesiology and Sports Programs	3
HHPK 450	Exercise Physiology *	4

Pre-Internship classes for PETE Concentration

PSY 300	Learning Processes and Development	3
HHPK 424	Technology in Physical Education	3
RDG 380	Comprehension and Vocabulary in Middle and High Schools	3
SED 330	Foundations of Secondary Education	3

Internship semester for PETE concentration

ELED 452	Student Teaching in Field-Based Teacher Education Programs	3
SED 400	Pedagogy and Classroom Management in Field-based Environments	3
SED 401	Technology Infused Curriculum and Assessment in Field-based Environments	3
SED 405	Secondary Residency in Teaching	6

Required support courses

Choose any FRA class		1
HHPH 331	Nutrition	3

Required US Science Courses

BSC 2401	US-Hum Anatomy/Physiology I (Grade of "C" or higher required)
BSC 2402	Hum Anatomy/Physiology II (Grade of "C" or higher required)

Total Hours **120**

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Refer to prerequisite.

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Secondary and All-Level Education (<http://coursecatalog.tamuc.edu/undergrad/colleges-and-departments/education-human-services/curriculum-instruction/secondary-and-all-level-education/>)

Concentration 2: Human Performance

Students must have a grade of "C" or better in all major and support courses. Students MUST have and maintain a 2.5 overall and major GPA in order to take 300- and 400- level classes in the program.

Core Curriculum Courses

See the Core Curriculum Requirements (<http://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/>) 42

Required courses in the major

HHPK 1301	Foundations of Kinesiology	3
HHPK 1338	Concepts of Physical Activity	3
HHPK 1306	First Aid and Safety	3
HHPK 2356	Prevention & Care of Athletic Injuries *	3
HHPK 250	Physical Activity Skill I: Conditioning, Individual and Dual Sports	3
HHPK 251	GLB/Physical Activity Skills II: Team Sports.	3
HHPK 304	Motor Development *	3
HHPS 317	Group Exercise Instruction	3
or HHPS 318	Individual Exercise Instruction	
HHPH 331	Nutrition	3
HHPK 335	Kinesiology *	4
HHPK 350	Motor Learning and Motor Control *	3
HHPK 417	Measurement and Evaluation *	3
HHPK 450	Exercise Physiology *	4
HHPK 451	Topics in Exercise Science *	4
Choose any two FRA classes		2

Required support courses (Students must have a grade of "C" or better in all support courses.)

BSC 2401	US-Hum Anatomy/Physiology I	
BSC 2402	Hum Anatomy/Physiology II	
CHEM 1305 & CHEM 1105	Survey of General Chemistry and Experimental Survey of General Chemistry: Laboratory Section	
or CHEM 1311 & CHEM 1111 & CHEM 101	General and Quantitative Chemistry I and General and Quantitative Chemistry Laboratory I and General Chemistry Tutorial I	
MATH 1314	US-College Algebra	
PHYS 1401	College Physics I	4

Electives within the major

Choose 3 courses from the following:		9
HHPS 210	Sport Psychology	
HHPH 1364	Substance Use & Abuse	
HHPK 302	Adapted Physical Education	
HHPK 311	Introduction to Coaching	
HHPK 324	Health and Kinesiology for Children	
HHPH 362	Survey of Human Diseases *	
HHPK 444	Administration of Kinesiology and Sports Programs	
HHPH 385	GLB/Current Issues in Health	

Minor required	18
Total Hours	120

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Refer to prerequisite.

A grade of "C" or higher must be earned in all courses in this Major. (This includes Support and Elective courses).

B.S.-M.S. 5 year Accelerated Pathway

BS in Kinesiology & Sports Studies and MS in Health, Kinesiology, & Sports Studies

The BS-MS accelerated degree program allows undergraduate students in the Kinesiology & Sports Studies-Human performance concentration to begin coursework towards the Master of Science in Health, Kinesiology, and Sports Studies-Human Performance program during their senior year at Texas A&M University-Commerce. Students can earn a B.S. and M.S. degree in five years upon completion of degree requirements for both degrees. For this accelerated program, graduate courses cannot be applied to the undergraduate degree. Students must apply to the accelerated program by the end of their junior year after having completed at least 90 hours of undergraduate courses and a cumulative undergraduate GPA of 3.0 or higher. Additionally, students should have taken certain upper-level courses in their junior year to ensure they can be successful taking graduate courses with UG courses in their senior year (e.g., HHPK 335, HHPK 350, HHPK 417, HHPK 450). Students must earn a B or higher in these courses. Students will be awarded both degrees at the same time after completing both B.S. and M.S. requirements.