PUBLIC HEALTH B.S.

TRACK ONE: PUBLIC HEALTH PROFESSIONAL

Description:

The Public Health Professional track provides you with a comprehensive education. It includes a variety of courses that are designed to provide you with a deeper understanding of the principles and practices of public health. Additionally, fieldwork allows students to develop their skills and prepare them for future employment

Core Curriculum Courses		
Concentration 1: Public Health Professional		
See the Core Curriculum Requirements (http://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)		42
Public Health Core		
HHPH 1304	Introduction to Personal and Community Health	3
HHPH 1364	Substance Use & Abuse	3
HHPH 210	ENVIRONMENTAL HEALTH	3
HHPH 220	EMOTIONAL HEALTH	3
HHPH 250	CONSUMER HEALTH	3
HHPH 331	Nutrition *	3
HHPH 385	GLB/Current Issues in Health	3
HHPH 495	Internship and Seminar in Health Promotion	3
Required courses for track #1		
HHPH 362	Survey of Human Diseases	3
HHPH 382	GLB/Social Justice and Health	3
HHPH 410	Planning and Organization of Health Promotion	3
HHPH 416	Epidemiology	3
HHPH 420	Program Implementation and Evaluation of Health Promotion	3
HHPH 430	Health Disparities and Diverse Populations	3
HHPH 492	GLB/Health Policy	3
MATH 453	Essentials of Statistics	3
PSY 443	Psychology of Death & Dying	3
Required support courses		
BSC 2401	US-Hum Anatomy/Physiology I *	
BSC 2402	Hum Anatomy/Physiology II *	
MKT 306	Marketing	3
or TMGT 311	Environmental and Safety Management	
or SOC 331	Intro to Social Research	
or SWK 2361	Introduction to Social Work	
or ANTH 2351	US-World Cultures: Perspectives from Anthropology	
Minor and/or Additional Electives required:		24
Total Hours		**120**

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This course can be used to satisfy the Core Curriculum Requirements

TRACK TWO: HEALTH SCIENCES

Description

The Health Sciences track provides students a background in health that prepares them to pursue additional schooling in an allied health area. This degree provides an opportunity for students to take prerequisite courses for professional allied health schools such as nursing or other medical fields of study, as electives while receiving a background in the health education field. Students select electives from a list of prerequisites for specific professional school programs.

Concentration 2: Health Sciences		
See the Core Curriculum Requirements (http://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)		42
Public Health Core		
HHPH 1304	Introduction to Personal and Community Health	3
HHPH 1364	Substance Use & Abuse	3
HHPH 210	ENVIRONMENTAL HEALTH	3
HHPH 220	EMOTIONAL HEALTH	3
HHPH 250	CONSUMER HEALTH	3
HHPH 331	Nutrition *	3
HHPH 385	GLB/Current Issues in Health	3
HHPH 495	Internship and Seminar in Health Promotion	3
Choose a minimum of 36 hours in track #2		**36**
PSY 322	Lifespan Development	3
PSY 443	Psychology of Death & Dying	3
MATH 1342	Elementary Statistical Methods	3
or PSY 302	Statistics and Research Design I	
HHPH 330	Sport Nutrition	3
HHPH 333	Nutrition for Health and Fitness	3
HHPH 334	Nutrition Through the Life Cycle	3
HHPH 335	Women's Nutrition	3
HHPH 339	Food and Culture	3
HHPH 360	Health Psychology and Behavioral Strategies	3
HHPH 472	Stress Management	3
HHPH 497	Special Topics	0-4
HHPK 316	Resistance Training	3
HHPS 210	Sport Psychology	3
BSC 201	Biological Literature	3
BSC 256	Medical Terminology	3
PSY 300	Learning Processes and Development	3
PSY 310	GLB/US-Psychology and Sociology of Diverse Populations	3
PSY 311	US-Psy/Soc Div Cultures FB	3
PSY 315	Physiological Psychology	3
PSY 316	Abnormal Psychology	3
SWK 2361	Introduction to Social Work	3
Required support courses		
BSC 2401	US-Hum Anatomy/Physiology I *	
BSC 2402	Hum Anatomy/Physiology II *	
Minor Required		18
Total Hours		**120**

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This course can be used to satisfy the university core curriculum.