# **PUBLIC HEALTH B.S.**

## TRACK ONE: PUBLIC HEALTH PROFESSIONAL

#### Description:

The Public Health Professional track provides you with a comprehensive education. It includes a variety of courses that are designed to provide you with a deeper understanding of the principles and practices of public health. Additionally, fieldwork allows students to develop their skills and prepare them for future employment

#### **Core Curriculum Courses**

HHPH 210 ENVIRONMENTAL HEALTH	Total Hours		120
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)   42	Minor and/or Additional Elective	es required:	24
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)         42           Public Health Core           HIPPH 1304         Introduction to Personal and Community Health         3           HIPPH 1364         Substance Use & Abuse         3           HIPPH 210         ENVIRONMENTAL HEALTH         3           HIPPH 220         FOUNDATION OF MENTAL HEALTH PROMOTION         3           HIPPH 331         Nutrition         3           HIPPH 335         CUrrent Issues in Health         3           HIPPH 395         Applied Practice Experience         3           or HHPH 395         Health Sciences Internship         3           Required courses for track #1         4           HIPPH 382         Social Justice and Health         3           HIPPH 385         Survey of Human Diseases         3           HIPPH 410         Program Planning in Public Health         3           HIPPH 410         Program Planning in Public Health         3           HIPPH 430         Health and Healthcare Disparities         3           HIPPH 430         Health Policy         3           MATH 453         Essentials of Statistics         3           PSY 443         Psychology of Death & Dyi	or ANTH 2351	World Cultures: Perspectives from Anthropology	
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)         42           Public Health Core           HHPH 1304         Introduction to Personal and Community Health         5           HHPH 1364         Substance Use & Abuse         5           HHPH 1364         Substance Use & Abuse         5           HHPH 210         ENVIRONMENTAL HEALTH         6           HHPH 220         FOUNDATION OF MENTAL HEALTH PROMOTION         5           HHPH 331         Nutrition         6           HHPH 335         Current Issues in Health         6           HHPH 385         Current lesues in Health         6           HHPH 395         Applied Practice Experience         6           or HHPH 395         Health Sciences Internship         6           Required courses for track #1           HHPH 382         Social Justice and Health         6           HHPH 410         Program Planning in Public Health         6           HHPH 410         Program Implementation and Evaluation in Public Health         6           HHPH 430         Health and Healthcare Disparities         6           HHPH 430         Health Policy         6           MATH 453         Essentials of Statistics<	or SWK 2361	Introduction to Social Work	
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  Public Health Core  HHPH 1304 Introduction to Personal and Community Health HHPH 1364 Substance Use & Abuse HHPH 1306 ENVIRONMENTAL HEALTH SUBSTANCE OF CONSUMER HEALTH HHPH 250 CONSUMER HEALTH HHPH 331 Nutrition * HHPH 335 Current Issues in Health HHPH 385 Current Issues in Health HHPH 395 Applied Practice Experience or HHPH 395 Health Sciences Internship  Required courses for track #1  HHPH 382 Survey of Human Diseases HHPH 382 Social Justice and Health HHPH 410 Program Planning in Public Health HHPH 410 Program Implementation and Evaluation in Public Health HHPH 420 Program Implementation and Evaluation in Public Health HHPH 430 Health and Healthcare Disparities HHPH 430 Essentials of Statistics HHPH 431 Essentials of Statistics HHPH 432 Essentials of Statistics HHPH 433 Essentials of Statistics Essentials upport courses  Essentials upport course upport courses  Essentials upport course	or SOC 331	Intro to Social Research	
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  42  Public Health Core  HHPH 1304 Introduction to Personal and Community Health 1364 Substance Use & Abuse  HHPH 210 ENVIRONMENTAL HEALTH 156 CONSUMER HEALTH 157  HHPH 220 FOUNDATION OF MENTAL HEALTH PROMOTION 158  HHPH 331 Nutrition 159  HHPH 335 CUrrent Issues in Health 159  HHPH 395 Applied Practice Experience 150  150  151  151  152  153  154  155  155  155  155  155  155	MKT 306	Marketing	3
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  Public Health Core  HHPH 1304 Introduction to Personal and Community Health 1364 Substance Use & Abuse 1364 Substance Use & Abuse 1375 HHPH 210 ENVIRONMENTAL HEALTH 1375 HHPH 220 FOUNDATION OF MENTAL HEALTH PROMOTION 1375 HHPH 250 CONSUMER HEALTH 1376 HHPH 331 Nutrition 1376 HHPH 331 Nutrition 1376 HHPH 335 Current Issues in Health 1476 HHPH 395 Applied Practice Experience 1477 or HHPH 395 Health Sciences Internship  Required courses for track #1  HHPH 362 Survey of Human Diseases 1477 HHPH 382 Social Justice and Health 1478 HHPH 410 Program Planning in Public Health 1479 HHPH 440 Program Implementation and Evaluation in Public Health 1479 HHPH 430 Health and Health care Disparities 1479 HHPH 430 Health not Health and Health care Disparities 1479 H430 Psychology of Death & Dying 1479 Required support courses	BSC 2402	Hum Anatomy/Physiology II *	
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  Public Health Core  HHPH 1304 Introduction to Personal and Community Health  HHPH 1364 Substance Use & Abuse  HHPH 210 ENVIRONMENTAL HEALTH  HHPH 220 FOUNDATION OF MENTAL HEALTH PROMOTION  CONSUMER HEALTH  HHPH 331 Nutrition   HHPH 331 Nutrition   HHPH 335 Current Issues in Health  HHPH 495 Applied Practice Experience  or HHPH 395 Health Sciences Internship  Required courses for track #1  HHPH 382 Social Justice and Health  HHPH 410 Program Planning in Public Health  HHPH 410 Program Implementation and Evaluation in Public Health  HHPH 420 Program Implementation and Evaluation in Public Health  HHPH 430 Health and Healthcare Disparities  HHPH 492 Health Policy  MATH 453 Essentials of Statistics  PSY 443 Psychology of Death & Dying	BSC 2401	Hum Anatomy/Physiology I *	
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  Public Health Core  HHPH 1304 Introduction to Personal and Community Health	Required support courses		
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  Public Health Core  HHPH 1304 Introduction to Personal and Community Health 34  HHPH 1364 Substance Use & Abuse 34  HHPH 210 ENVIRONMENTAL HEALTH 35  HHPH 220 FOUNDATION OF MENTAL HEALTH PROMOTION 35  HHPH 250 CONSUMER HEALTH 35  HHPH 331 Nutrition 35  HHPH 335 Current Issues in Health 35  HHPH 385 Applied Practice Experience 35  or HHPH 395 Applied Practice Experience 35  or HHPH 395 Health Sciences Internship  Required courses for track #1  HHPH 382 Social Justice and Health 35  HHPH 382 Social Justice and Health 35  HHPH 410 Program Planning in Public Health 35  HHPH 410 Program Implementation and Evaluation in Public Health 35  HHPH 430 Health and Healthcare Disparities 35  HHPH 430 Health Policy 35  To the Curriculum Requirements (https://course.du/undergrad/core-curriculum-requirements/) 42  For interval interval interval interval interval in Public Health 35  HHPH 430 Health and Healthcare Disparities 35  HHPH 492 Health Policy 35  The Curriculum Requirements (https://course.du/undergrad/core-curriculum-requirements/) 42  HEALT ADA Substitute (Authority Health Advanced Disparities 35  HHPH 492 Health Policy 35  The Curriculum Requirements (Authority Health Advanced Disparities 35  HHPH 492 Health Policy 35  The Curriculum Reduits (Authority Health Advanced Disparities 35  HHPH 492 Health Policy 35  The Curriculum Reduits (Authority Health Advanced Disparities 35  HHPH 492 Health Policy 35  The Curriculum Reduits (Authority Health Advanced Disparities 35  The Curriculum Reduits (Authority Health Advanced Disparities 35  HHPH 492 Health Policy 35  The Curriculum Reduits (Authority Health Advanced Disparities 35  HHPH 492 Health Policy 35  The Curriculum Reduits (Authority Health Advanced Disparities 35	PSY 443	Psychology of Death & Dying	3
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See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  Public Health Core  HHPH 1304 Introduction to Personal and Community Health Substance Use & Abuse HHPH 210 ENVIRONMENTAL HEALTH SUBSTANCE HHPH 220 FOUNDATION OF MENTAL HEALTH PROMOTION SUBSTANCE HHPH 331 Nutrition HHPH 331 Nutrition HHPH 385 Current Issues in Health HHPH 385 Applied Practice Experience or HHPH 395 Applied Practice Experience or HHPH 395 Health Sciences Internship  Required courses for track #1  HHPH 362 Survey of Human Diseases HHPH 382 Social Justice and Health HHPH 410 Program Planning in Public Health HHPH 416 Epidemiology HHPH 420 Program Implementation and Evaluation in Public Health	HHPH 492	Health Policy	3
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See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  Public Health Core  HHPH 1304 Introduction to Personal and Community Health  Substance Use & Abuse  HHPH 210 ENVIRONMENTAL HEALTH  HHPH 220 FOUNDATION OF MENTAL HEALTH PROMOTION  HHPH 250 CONSUMER HEALTH  HHPH 331 Nutrition  HHPH 331 Nutrition  HHPH 385 Current Issues in Health  HHPH 495 Applied Practice Experience or HHPH 395 Health Sciences Internship  Required courses for track #1  HHPH 362 Survey of Human Diseases	HHPH 410	Program Planning in Public Health	3
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See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  Public Health Core  HHPH 1304 Introduction to Personal and Community Health  HHPH 1364 Substance Use & Abuse  HHPH 210 ENVIRONMENTAL HEALTH  HHPH 220 FOUNDATION OF MENTAL HEALTH PROMOTION  HHPH 250 CONSUMER HEALTH  HHPH 331 Nutrition *	HHPH 495	Applied Practice Experience	3
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See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  Public Health Core  HHPH 1304 Introduction to Personal and Community Health  HHPH 1364 Substance Use & Abuse  HHPH 210 ENVIRONMENTAL HEALTH  HHPH 220 FOUNDATION OF MENTAL HEALTH PROMOTION	HHPH 331	Nutrition *	3
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  Public Health Core  HHPH 1304 Introduction to Personal and Community Health  HHPH 1364 Substance Use & Abuse  HHPH 210 ENVIRONMENTAL HEALTH	HHPH 250	CONSUMER HEALTH	3
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  Public Health Core  HHPH 1304 Introduction to Personal and Community Health  HHPH 1364 Substance Use & Abuse	HHPH 220	FOUNDATION OF MENTAL HEALTH PROMOTION	3
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  Public Health Core  HHPH 1304 Introduction to Personal and Community Health  3	HHPH 210	ENVIRONMENTAL HEALTH	3
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)  42  Public Health Core	HHPH 1364	Substance Use & Abuse	;
See the Core Curriculum Requirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/) 42	HHPH 1304	Introduction to Personal and Community Health	3
	Public Health Core		
Concentration 1: Public Health Professional	See the Core Curriculum Requi	rements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)	42
	Concentration 1: Public Healt	th Professional	

<sup>\*</sup> This course can be used to satisfy the Core Curriculum Requirements

## TRACK TWO: HEALTH SCIENCES

#### Description

The Health Sciences track provides students a background in health that prepares them to pursue additional schooling in an allied health area. This degree provides an opportunity for students to take prerequisite courses for professional allied health schools such as nursing or other medical fields of study, as electives while receiving a background in the health education field. Students select electives from a list of prerequisites for specific professional school programs.

## **Concentration 2: Health Sciences**

Total Hours		120
Minor Required		18
BSC 2402	Hum Anatomy/Physiology II *	
BSC 2401	Hum Anatomy/Physiology I *	
Required support courses	s	
SWK 2361	Introduction to Social Work	3
PSY 316	Abnormal Psychology	3
PSY 315	Physiological Psychology	3
PSY 311	Psy/Soc Div Cultures FB	3
PSY 310	Psychology and Sociology of Diverse Populations	3
PSY 300	Learning Processes and Development	3
BSC 256	Medical Terminology	3
HHPS 210	Sport Psychology	3
HHPK 316	Resistance Training	3
HHPH 497	Special Topics	0-4
HHPH 472	Stress Management	3
HHPH 360	Health Psychology and Behavioral Strategies	3
HHPH 339	Food and Culture	3
HHPH 335	Women's Nutrition	3
HHPH 334	Nutrition Through the Life Cycle	3
HHPH 333	Nutrition for Health and Fitness	3
HHPH 330	Sport Nutrition	3
or PSY 302	Statistics and Research Design I	
MATH 1342	Elementary Statistical Methods	3
PSY 443	Psychology of Death & Dying	3
PSY 322	Lifespan Development	3
Choose a minimum of 36	hours in track #2	36
or HHPH 395	Health Sciences Internship	
HHPH 495	Applied Practice Experience	3
HHPH 385	Current Issues in Health	3
HHPH 331	Nutrition *	3
HHPH 250	CONSUMER HEALTH	3
HHPH 220	FOUNDATION OF MENTAL HEALTH PROMOTION	3
HHPH 210	ENVIRONMENTAL HEALTH	3
HHPH 1364	Substance Use & Abuse	3
HHPH 1304	Introduction to Personal and Community Health	3
Public Health Core		
See the Core Curriculum R	equirements (https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/)	42

This course can be used to satisfy the university core curriculum.

#### First Year

Fall Hours

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0

Total Hours: 0