

# Kinesiology & Sports Studies (accelerated BS-MS)

The BS-MS accelerated degree program allows undergraduate students in the Kinesiology & Sports Studies-Human performance concentration to begin coursework towards the Master of Science in Health, Kinesiology, and Sports Studies-Human Performance program during their senior year at Texas A&M University-Commerce. Students can earn a B.S. and M.S. degree in five years upon completion of degree requirements for both degrees. For this accelerated program, graduate courses cannot be applied to the undergraduate degree. Students must apply to the accelerated program by the end of their junior year after having completed at least 90 hours of undergraduate courses and a cumulative undergraduate GPA of 3.0 or higher. Additionally, students should have taken certain upper-level courses in their junior year to ensure they can be successful taking graduate courses with UG courses in their senior year (e.g., HHPK 335, HHPK 350, HHPK 417, HHPK 450). Students must earn a B or higher in these courses. Students will be awarded both degrees at the same time after completing both B.S. and M.S. requirements.

Students must have a grade of "C" or better in all major and support courses. Students MUST have and maintain a 2.5 overall and major GPA in order to take 300- and 400- level classes in the program.

## Core Curriculum Courses

See the Core Curriculum Requirements (<http://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/>)

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## Required courses in the major

HHPK 1301	Foundations of Kinesiology	3
HHPK 1338	Concepts of Physical Activity	3
HHPK 1306	First Aid and Safety	3
HHPK 2356	Prevention & Care of Athletic Injuries *	3
HHPK 250	Physical Activity Skill I: Conditioning, Individual and Dual Sports	3
HHPK 251	GLB/Physical Activity Skills II: Team Sports.	3
HHPK 304	Motor Development *	3
HHPS 317	Group Exercise Instruction	3
or HHPS 318	Individual Exercise Instruction	
HHPH 331	Nutrition	3
HHPK 335	Kinesiology *	4
HHPK 350	Motor Learning and Motor Control *	3
HHPK 417	Measurement and Evaluation *	3
HHPK 450	Exercise Physiology *	4
HHPK 451	Topics in Exercise Science *	4

Choose any two FRA classes

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## Required support courses (Students must have a grade of "C" or better in all support courses.)

BSC 2401	US-Hum Anatomy/Physiology I	
BSC 2402	Hum Anatomy/Physiology II	
CHEM 1305 & CHEM 1105	Survey of General Chemistry and Experimental Survey of General Chemistry: Laboratory Section	
or CHEM 1311 & CHEM 1111 & CHEM 101	General and Quantitative Chemistry I and General and Quantitative Chemistry Laboratory I and General Chemistry Tutorial I	
MATH 1314	US-College Algebra	
PHYS 1401	College Physics I	4

## Electives within the major

Choose 3 courses from the following:

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HHPS 210	Sport Psychology	
HHPH 1364	Substance Use & Abuse	
HHPK 302	Adapted Physical Education	
HHPK 311	Introduction to Coaching	
HHPK 324	Health and Kinesiology for Children	
HHPH 362	Survey of Human Diseases *	
HHPK 444	Administration of Kinesiology and Sports Programs	
HHPH 385	GLB/Current Issues in Health	

## Minor required

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\* Refer to prerequisite.

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**Total Hours**

**120**